



Art by Sue Carroll

Sunday, April 7, 2024

Culmore
United Methodist Church

Welcome and
Good Morning



Communion

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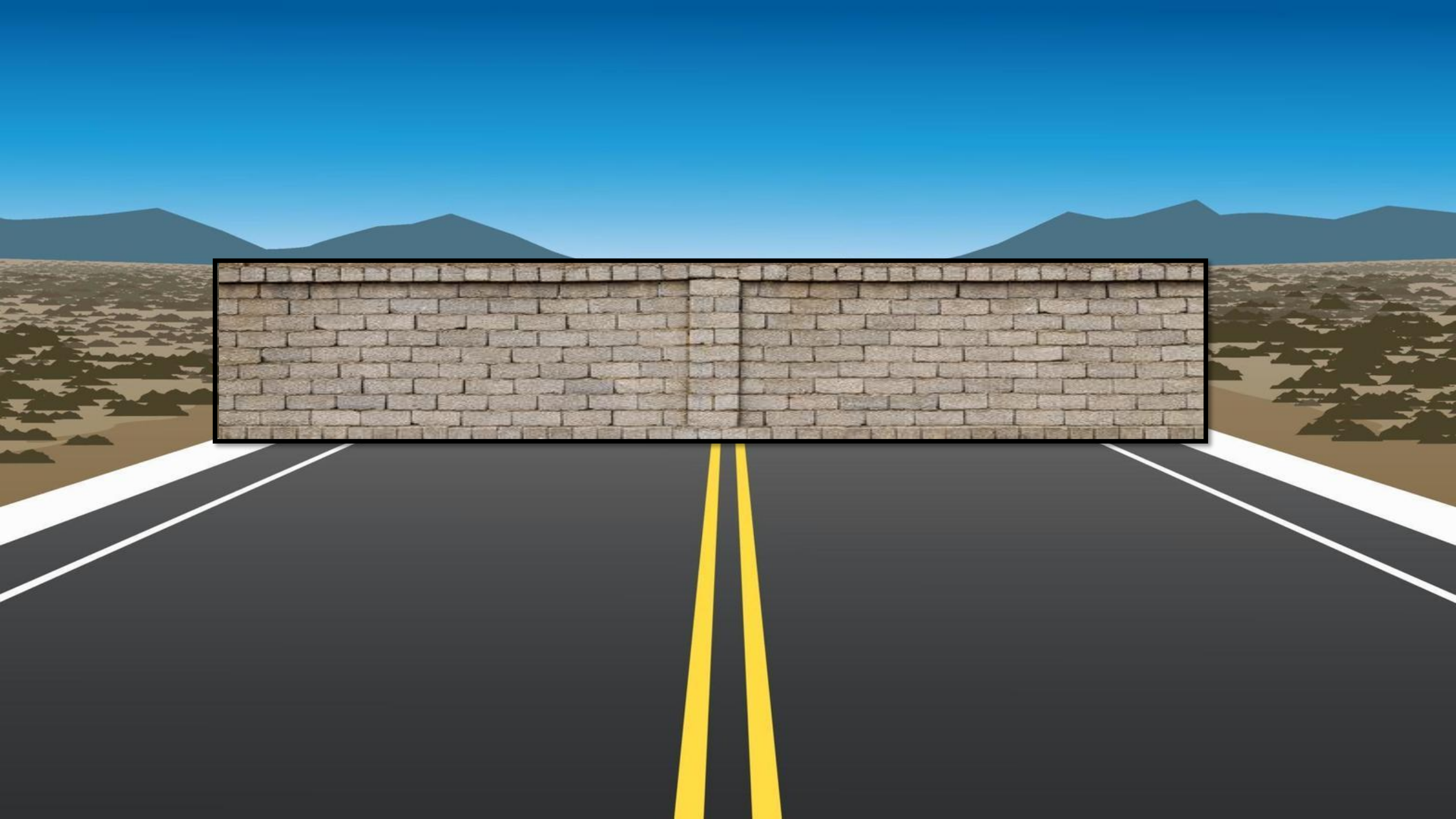


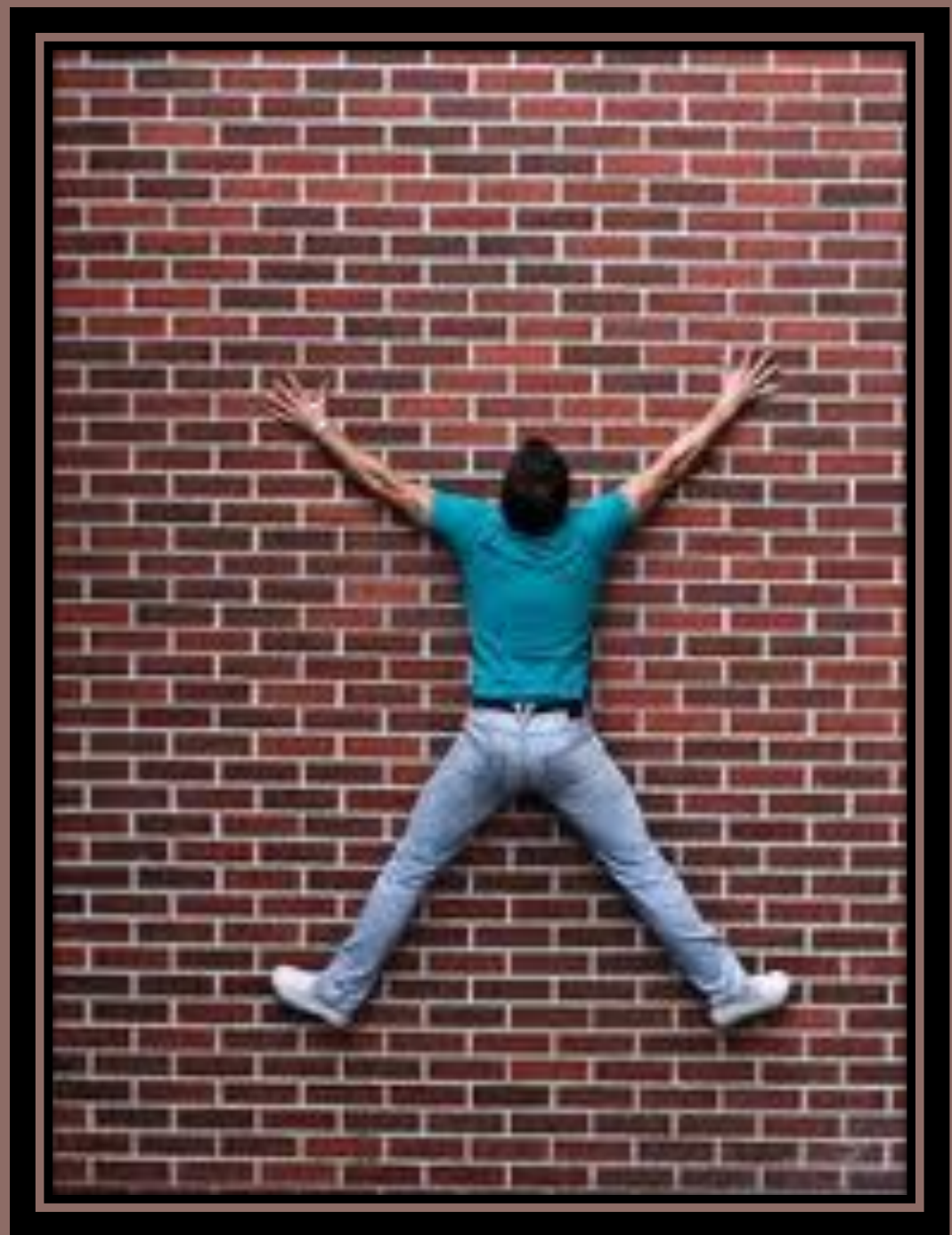
Photo by Rose Lucas

Happy Birthday!

Once again it's your birthday. Once again the time is here.
What a loving gift from Jesus, He has given you one more year.
Happy time is your birthday, happy time this year.
What a loving gift from Jesus, He has given you one more year.
Oh happy birthday to you, oh happy birthday to you.
For you have Jesus Christ everyday of your life.
Oh happy birthday to you, oh happy birthday to you.
The Lord bless and keep you.
Happy birthday to you. And to Jesus with you.
God bless you and keep you. Happy birthday to you.









Moving through
self-doubt







Art by Sue Carroll



Opening Prayer

Almighty God,

You know how we struggle with self doubt, especially when we are called to do something we don't think we can do. If only You could *call someone else...*

But You have called us to action, in spite of our fears that we can't do it. Give us the courage and confidence to believe that we *can*, for You are always at our side. ***AMEN***



From Juvenile Detention Center...



**... to Community
Medical Clinic**





You Say

I keep fighting voices in my mind that say I'm not enough
Every single lie that tells me I will never measure up
Am I more than just the sum of every high and every low?
Remind me once again just who I am because I need to know.

You say I am loved when I can't feel a thing
You say I am strong when I think I am weak
And You say I am held when I am falling short
And when I don't belong, oh You say I am Yours
And I believe, what You say of me.

The only thing that matters now is everything You think of me
In You I find my worth, in You I find my identity.
Taking all I have and now I'm laying it at your feet
You have every failure God, You have every victory.



Philippians 4: 12-13

I have learned to be content with whatever I have.

I know what it is to have little, and I know what it is to have plenty. In any and all circumstances I have learned the secret of being well-fed and of going hungry, of having plenty and of being in need.

I can do all things through Christ who strengthens me.

靠着加给我力量的基督，
我凡事都能做

私を強めてくださるキリストを通して、
私は何でもできるのです。

Saya dapat melakukan segala sesuatu
melalui Kristus yang menguatkan saya.

Todo lo puedo en Cristo que me fortalece.

나에게 능력 주시는 그리스도 안에서 나는 모든 것을 할 수 있습니다.

I can do all things through Christ who strengthens me.

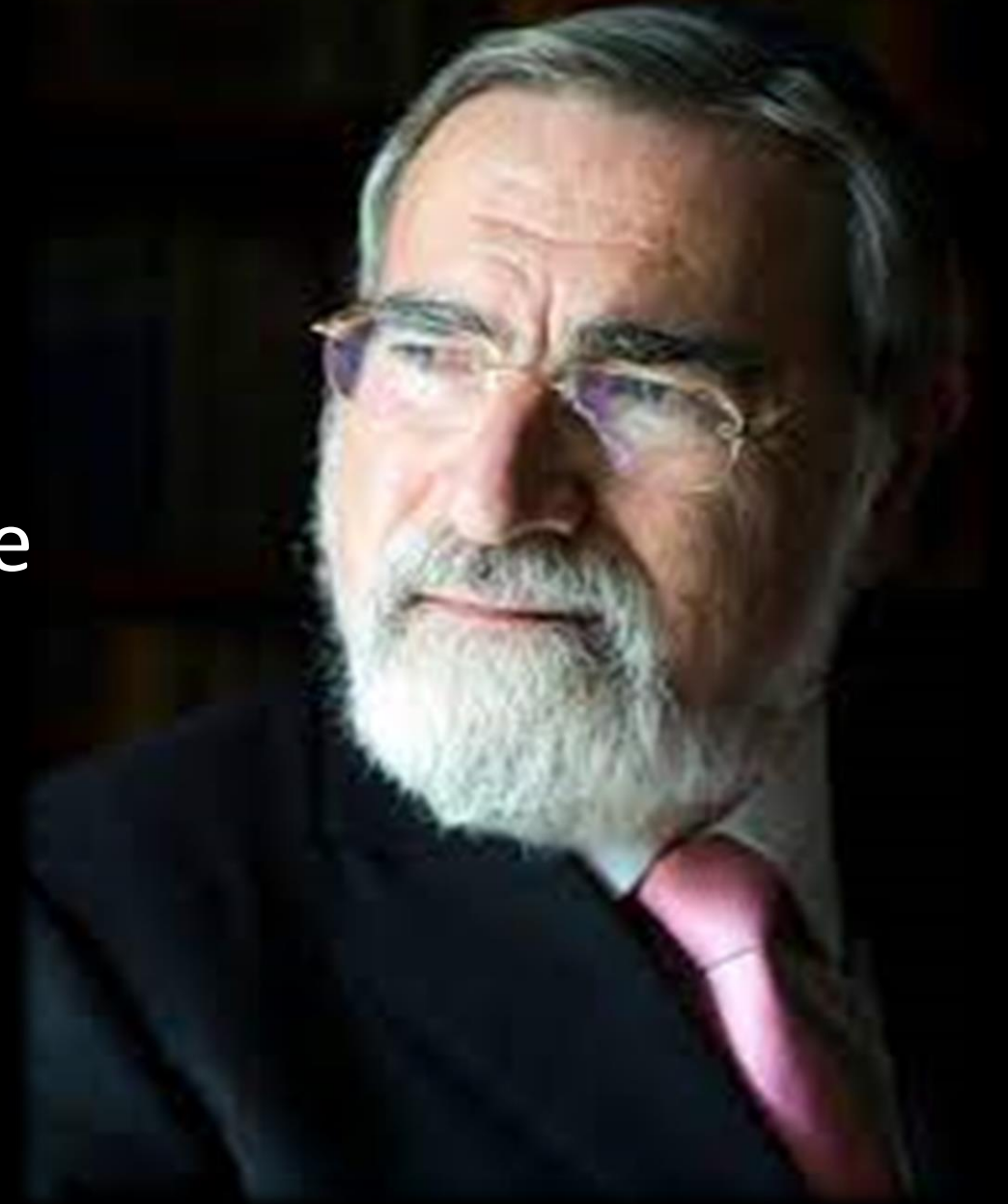
Nagagawa ko ang lahat ng bagay sa pamamagitan ni Kristo na nagpapalakas sa akin.

මා ශක්තිමත් කරන ක්‍රිස්තුස් වහන්සේ තුළින් මට
සියල්ල කළ හැකිය.

Je peux tout faire par Christ qui me fortifie.

You are as great as your ideals.
If you truly believe in something
beyond yourself, you will achieve
beyond yourself.

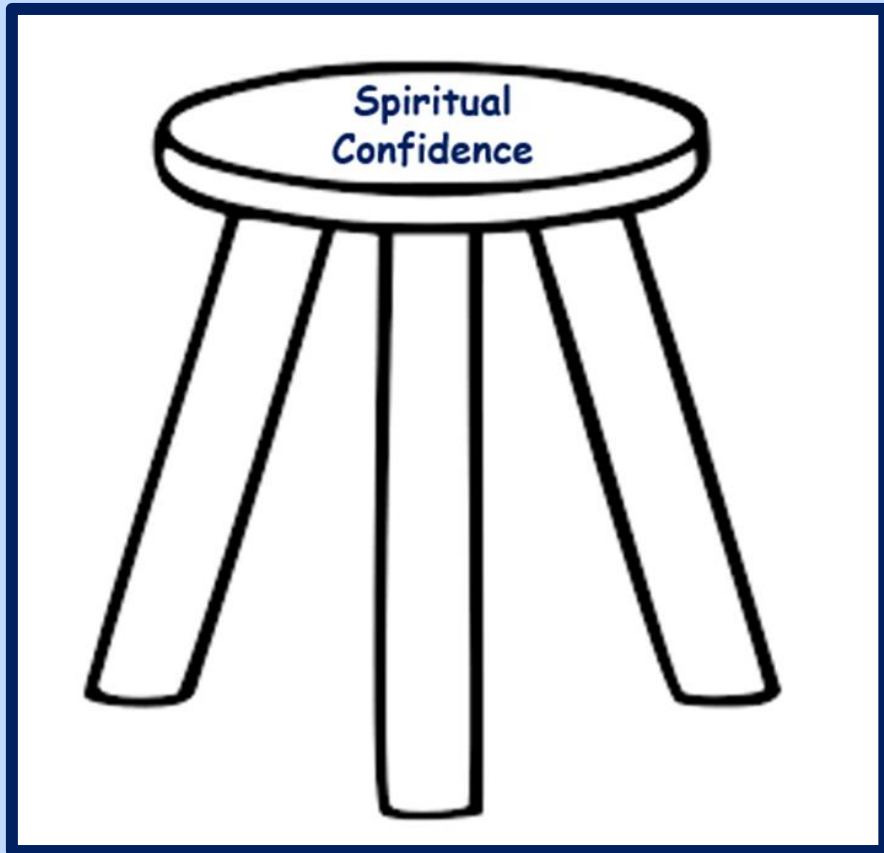
--Rabbi Jonathan Sacks



1 Corinthians 3: 1-2 (Adapted)

Brothers and Sisters... as worldly—mere infants in Christ, I gave you milk, not solid food, for you were not yet ready for it.





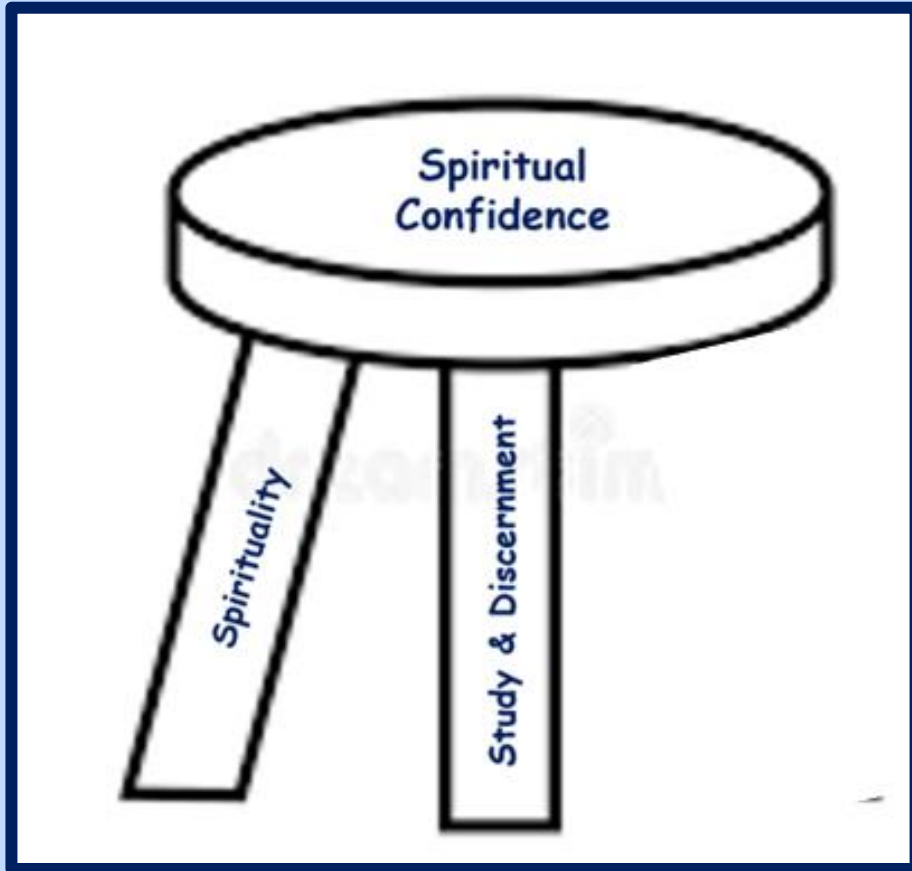
Spiritual Confidence

Spiritual Confidence is like the seat of a stool which depends on three legs to stand upright.

Spirituality

- Engaging in some sort of daily spiritual practice which bring us into a closer relationship with God.
- Sensing God's presence and power at work in our lives.





Study and Discernment

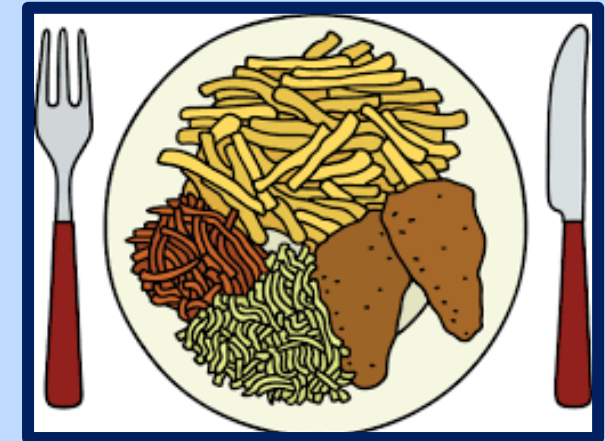
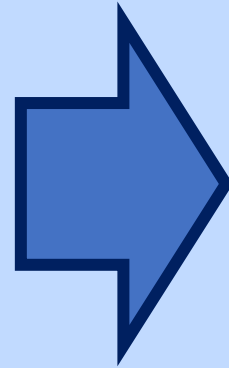
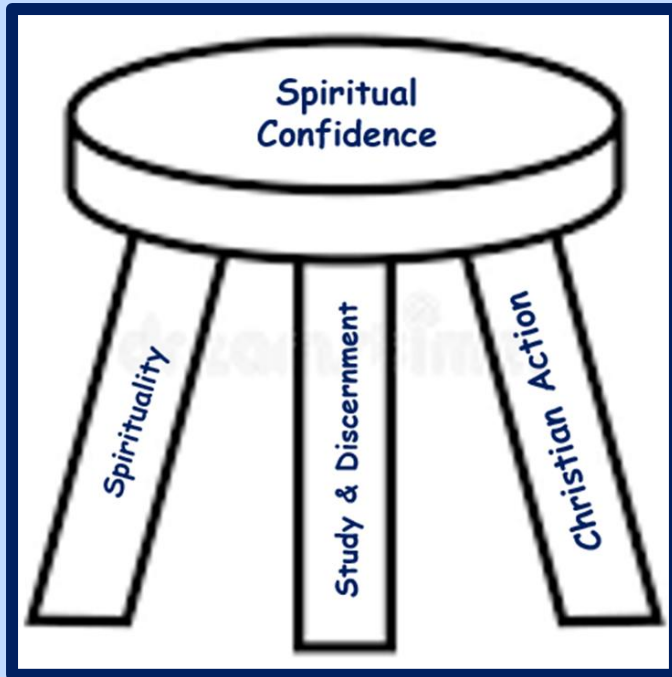
- Study and understanding is key to spiritual confidence.
- Weighing our actions against what the Bible says, and what notable theologians have discerned is important.

Christian Action

- St. James said, "Faith without works is dead." Christian action flows out of the Holy Spirit...
- Walking-the-walk is vital to Spiritual Confidence.



From Milk to Solid Food



- **Spirituality** - Building a life with God.
- **Study and Discernment** - Learning God's word and ways.
- **Christian Action** - Behaving as disciples of Jesus Christ.

Community Prayer

LORD Jesus, we surely have all had times when we let our basic insecurities overtake us, as we doubt our ability to handle certain situations in which we find ourselves. We have the example in the Bible of Moses. When God called him to lead the grand and glorious exodus of His people out of Egypt, through the Red Sea and the wilderness, what did he do?

He asked God to choose his brother Aaron instead. Moses did not think he was up to the job...but he didn't consider the fact that our Omniscient, Loving, and Gracious Father never leaves us alone when He gives assignments. He knows all there is to know about the situation, about us, and what it takes to get the job done. He is always with us.

Thank You, Father that You have always prepared us for any assignments You give us! **AMEN**



Let Our Earth Be Peaceful



Let our earth be peaceful,
let our hearts be hopeful,
let our hands be gentle
for the love of God.

Let our ways be mindful,
mending what is hurtful,
doing what is needful
for the love of God.

Let our lives be fruitful,
beautiful, and playful,
every day be thankful
for the love of God.



Offering and Doxology

UM Hymnal 95



We give thanks for this wonderful,
generous community of faith.

Communion



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Holy Communion



God asks that we love him, confess our sins, and grow close to him in faith.

In this holy space, let us prepare our hearts and minds to receive his holy sacrament.

Prayer of Confession & Declaration of Forgiveness

Our heavenly Father, You know how often we stumble.

We don't come to this table trusting in ourselves;

but instead, trusting in You and Your unfailing mercy.

Christ died for us while we were yet sinners, which proves

His love and grace. We are a forgiven people. *Amen*

The Great Thanksgiving

Pastor: The Lord be with you;

Congregation: and also with you.

Pastor: Lift up your hearts.

Congregation: We lift them up to the Lord.

Pastor: It is a good and joyful thing to always give thanks to you.
Even when we turned away and our love failed, your love
remained steadfast. And so we praise Your Holy name.



Holy, Holy, Holy Lord,
Holy, Holy, Holy Lord,

God of power and might,
God of power and might,

Heaven and earth are full of your glory
Heaven and earth are full of your glory

Hosanna in the highest.
Hosanna in the highest.

Blessed is he who
Blessed is he who

Comes in the name of the Lord.
Comes in the name of the Lord.

Hosanna in the highest.
Hosanna in the highest.



On the night in which he gave himself up for us, he took the bread, gave thanks to you, broke the bread, gave it to his disciples, and said:

"Take, eat; this is my body which is given for you.

Do this in remembrance of me."



When the supper was over, he took the cup, he gave thanks to You, gave it to his disciples, and said, *"Drink from this all of you. This is my blood of the new covenant poured out for you for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me."*

... And so, in remembrance of these your mighty acts in Jesus Christ we offer ourselves in praise and thanksgiving as a holy and living sacrifice in union with Christ's offering for us, as we proclaim the mystery of faith.





Christ has died,

Christ has died,

Christ is risen,

Christ is risen,

Christ will come again.

Christ will come again.

Hosanna in the highest.

Hosanna in the highest.



Photo by James Gardner

**All honor and glory is yours,
almighty God, now and forever.**

Amen, amen, amen.

Amen, amen, amen.



Blessing of the Elements

Loving and eternal God, pour out your Holy Spirit on us gathered here and on these gifts of bread and wine. Make them be for us the body and blood of Christ, that we may be for the world the body of Christ, redeemed by his blood. By your Spirit make us one with Christ, one with each other, and one in ministry to the entire world, until Christ comes in final victory. **Amen**

Breaking of the Bread



Lifting of the Cup



Just as there is one loaf, we who are many are one body.
Just as we all partake of one loaf, the bread which we share
is also a sharing in the body of Christ.

The cup over which we give thanks is a sharing of the Blood of Christ.

Partaking of the Elements





Benediction